

Course/Group Name	Place	Day	From	To	Tutor/Class Leader	Contact Phone	Frequency	Contact email	Commencing
Art									
Art with a Difference	Springwood Court, 133 Macquarie Rd, Springwood	Mon	10:00 AM	12:00 PM	Dianne Grey	0401 302 939	Weekly	elizabethdgrey1@gmail.com	31-Jan
Botanical Drawing & Painting	Springwood Presbyterian Church Hall	Thur	10:00 AM	12:00 PM	Pamela Powell	0475 347 853	Weekly	pamelapowell09@gmail.com	3-Feb
Botanical Drawing & Painting	Emu Plains Melrose Hall - Mtg room	Mon	1:30 PM	3:30 PM	Pamela Powell	0475 347 853	Weekly	pamelapowell09@gmail.com	31-Jan
Creating & Learning about Art	Penrith School of Arts - Hall	Thur	10:00 AM	12:00 PM	Brenda Maccioni	0417 800 665	Weekly	brenimacc@gmail.com	3-Feb
Drawing	Penrith School of Arts - Hall	Tue	8:45 AM	10:45 AM	Helen Johnson	0412 239 214 (text messages only)	Weekly		1-Feb
Sketching & Painting	Blaxland Community Centre - Room B	Wed	3:00 PM	5:00 PM	Michael Harriden	0419 285 394	Weekly	mharriden01@gmail.com	2-Feb
Communication									
Creative Writing @ Blaxland	Blaxland Community Centre - Room B	Mon	10:00 AM	12:00 PM	Warren Nicholls	0439 192 202	Weekly	warren.nicholls@gmail.com	31-Jan
Traveller's Tales	Private address - Hazelbrook	Fri	1:00 PM	3:00 PM	Peter Hume	4758 8818 or text 0435 440 100	Weekly		4-Feb
Computing									
Computer Class 1	Penrith School of Arts - Computer Room	Tue	1:30 PM	3:00 PM	Laurette Lideros	0449 834 073	Weekly	laurette.lideros@gmail.com	1-Feb
Computer Class 2	Penrith School of Arts - Computer Room	Tue	3:15 PM	4:45 PM	Laurette Lideros	0449 834 073	Weekly	laurette.lideros@gmail.com	1-Feb
Crafts									
Crafty Needles Group	Penrith School of Arts - Room 1	Thur	12:45 PM	3:15 PM	Barbara Kent	0439 851 619	Weekly	barb4art@hotmail.com	3-Feb
Embroidery, Cross-Stitch & Quilting	Penrith School of Arts - Room 1	Fri	9:15 AM	12:45 PM	Janine Ross Pamela Connor	0430 432 453 0437 294 901	Weekly	janinetoby@yahoo.com.au; terry@terrymccallum.com.au	4-Feb
Friday Handicraft Circle	Penrith School of Arts - Room 1	Fri	1:30 PM	4:00 PM	Chris Price	0408 313 931	Weekly	chrisprice46@bigpond.com	4-Feb
Sewing Class - Weekly Except 4th Thursday of each Month	Penrith School of Arts - Room 2	Thur	9:30 AM	11:45 AM	Chris Bolton	0412 428 317	weekly except for the 4th Thursday each	bolton37@optusnet.com.au	3-Feb
Drama, Singing & Stage									
Classic Rock Singalong	Blaxland Community Centre - Room B	Wed	10:00 AM	12:00 PM	Geordie Conyngham	0421 788 183	Weekly	gmc@exemail.com.au	2-Feb
Exploring Shakespeare	Penrith School of Arts - Hall	Tue	2:45 PM	4:15 PM	Paul Ryan	4735 2637	Weekly	pbryan54@hotmail.com	1-Feb
Movie Nights - Fortnightly 2nd & 4th Saturdays each month	Penrith School of Arts - Hall	Sat	7:30 PM	10:00 PM	Harry May	4732 1520	See left	harrymay@optusnet.com.au	30-Apr
Theatre Workshops	Werrington County, Henry Lawson Club, Henry Lawson Theatre	Mon	11:00 AM	1:00 PM	Sari Erasmus-Hickey	0407 146 506	Weekly	sariehickey2016@gmail.com	31-Jan

Exercises for Body & Mind									
Ballroom Dancing - Advanced	Penrith Ballroom Dance Studio - Unit 7/42-44 Abel St, Jamisontown	Fri	9:30 AM	11:00 AM	Therese Walz	0402 069 576	Weekly	learntodance@penrithballroomdance.com.au	4-Feb
Ballroom Dancing - Beginners	Penrith Ballroom Dance Studio - Unit 7/42-44 Abel St, Jamisontown	Fri	11:30 AM	1:00 PM	Therese Walz	0402 069 576	Weekly	learntodance@penrithballroomdance.com.au	4-Feb
Carpet Bowls	Penrith School of Arts - Hall	Tue	7:00 PM	9:00 PM	Harry May	4732 1520	Weekly	harrymay@optusnet.com.au	1-Feb
Circle Dancing	Blaxland Community Centre - Room B	Tue	1:30 PM	3:30 PM	Elizabeth Mitchell	4751 4947	Weekly	elizabethmitchell2@bigpond.com	1-Feb
Darts	Penrith School of Arts - Room 1	Wed	1:30 PM	3:30 PM	Chris Price	0408 313 931	Weekly	chrisprice46@bigpond.com	2-Feb
Line Dancing - Beginners	Werrington, Harold Corr Hall (Large hall)	Thur	10:00 AM	11:30 AM	Helen Jones	4721 2954	Weekly		3-Feb
Line Dancing (Wednesday)	Penrith School of Arts - Hall	Wed	10:45 AM	12:15 PM	Helen Jones	4721 2954	Weekly		2-Feb
Line Dancing (Friday)	Penrith School of Arts - Hall	Fri	11:30 AM	1:00 PM	Bobbie Kersten	0410 873 605	Weekly	bobbiekersten@gmail.com	11-Feb
Med - Introduction to Eckhart Tolle	Penrith School of Arts - Room 1	Tue	11:30 AM	1:00 PM	Gaye Whale	0400 366 352	Weekly	whale.gaye@bigpond.com	1-Feb
Meditation	Penrith School of Arts - Room 1	Tue	1:15 PM	2:15 PM	Marie Stewart	9833 7538	Weekly	mar-stew1@bigpond.com	1-Feb
Meditation and Alternative Philosophy	Penrith School of Arts - Room 1	Wed	8:45 AM	11:00 AM	Beverley James-Munk	0417 681 125	Weekly	b21j45@bigpond.net.au	2-Feb
Table Tennis @ Jordan Springs	Jordan Springs Hub - Hall	Tue	1:00 PM	3:00 PM	Vivienne Walker	0414 821 118	Weekly	viviennewalker@bigpond.com	1-Feb
Table tennis @ Springwood	Springwood Presbyterian Church Hall	Mon	3:00 PM	5:30 PM	Marek Bowman	0412 347 478	Weekly	marekin@bigpond.net.au	31-Jan
Table Tennis 1 @ Penrith	Penrith School of Arts - Hall	Thur	1:00 PM	2:45 PM	David Davis	0419 983 878	Weekly	didacd@tpg.com.au	3-Feb
Table Tennis 2 @ Penrith	Penrith School of Arts - Hall	Thur	3:00 PM	4:45 PM	David Davis	0419 983 878	Weekly	didacd@tpg.com.au	3-Feb
Tai Chi - Advanced	Cambridge Park Hall	Tue	11:00 AM	12:00 PM	Christie Wood	0431 149 131	Weekly	christaichi@outlook.com	1-Feb
Tai Chi - Advanced	Penrith School of Arts - Room 2	Tue	1:00 PM	2:00 PM	Christie Wood	0431 149 131	Weekly	christaichi@outlook.com	3-Feb
Tai Chi - Beginners	Cambridge Park Hall	Tue	9:45 AM	10:45 AM	Christie Wood	0431 149 131	Weekly	christaichi@outlook.com	1-Feb
Tai Chi - Beginners	Cambridge Park Hall	Thur	9:45 AM	10:45 AM	Christie Wood	0431 149 131	Weekly	christaichi@outlook.com	3-Feb
Tai Chi (Fri) - Advanced	Penrith School of Arts - Hall	Fri	9:00 AM	10:00 AM	Petra Graham Marie Stewart	0407 184 140 9833 7538	Weekly	petraal@bigpond.com mar-stew1@bigpond.com	4-Feb
Tai Chi (Fri) - Intermediate/Advanced	Penrith School of Arts - Hall	Fri	10:15 AM	11:15 AM	Marie Stewart	9833 7538	Weekly	mar-stew1@bigpond.com	4-Feb
Yoga Exercises - Beginners CLASS FULL	Penrith School of Arts - Hall	Tue	12:45 PM	2:30 PM	Lorraine Brown	0437 692 356	Weekly	lbrown40@bigpond.net.au	1-Feb
Yoga Exercises CLASS FULL	Penrith School of Arts - Hall	Tue	11:00 AM	12:30 PM	Lorraine Brown	0437 692 356	Weekly	lbrown40@bigpond.net.au	1-Feb
Yoga/Stretch//Pilates	Penrith School of Arts - Hall	Mon	11:00 AM	12:15 PM	Debra Harslett Bette Masters	0410 606 102 0407 921 158	Weekly	debra.harslett@bigpond.com bettemasters@hotmail.com	31-Jan
Yoga/Stretch//Pilates	Penrith School of Arts - Hall	Wed	9:15 AM	10:30 AM	Debra Harslett Bette Masters	0410 606 102 0407 921 158	Weekly	debra.harslett@bigpond.com bettemasters@hotmail.com	2-Feb

History									
Early Modern European History	Springwood, 321 Macquarie Rd	Wed	2:00 PM	4:00 PM	Marie McInnes	4751 2076	Weekly	mfmcinnes@gmail.com	3-Feb
Early Modern European History	Springwood, 321 Macquarie Rd	Thur	2:00 PM	4:00 PM	Marie McInnes	4751 2076	Weekly	mfmcinnes@gmail.com	3-Feb
My Family Tree	Werrington Downs Comm. Centre	Wed	1:30 PM	2:30 PM	William Hempel	0410 950 101	Weekly	whempel@ozemail.com.au	2-Feb
Roman Empire	Springwood, 321 Macquarie Rd	Thur	10:00 AM	12:00 PM	Marie McInnes	4751 2076	Weekly	mfmcinnes@gmail.com	3-Feb
The Medieval World	Springwood, 321 Macquarie Rd	Tue	2:00 PM	4:00 PM	Marie McInnes	4751 2076	Weekly	mfmcinnes@gmail.com	1-Feb
Indoor Recreation									
Canasta 5 on Fridays	Penrith School of Arts - Hall	Fri	1:15 PM	3:45 PM	Sue Carrick	4730 2841	Weekly	scarrick64@gmail.com	4-Feb
Canasta 5 on Mondays	Penrith School of Arts - Hall	Mon	12:30 PM	3:30 PM	Bob Sherry	0401 136 825	Weekly	robertsherry@hotmail.com	31-Jan
Chess @ Penrith	Penrith School of Arts - Room 2	Fri	1:30 PM	3:30 PM	Charles Hargrave	0413 978 666	Weekly		4-Feb
Mah Jong @ Penrith	Penrith School of Arts - Hall	Wed	1:00 PM	3:00 PM	Brian Grenenger	0420 826 628	Weekly		2-Feb
Scrabble @ Penrith	Penrith School of Arts - Room 2	Thur	12:30 PM	2:30 PM	Judy Snell	0404 893 742	Weekly	judyasnell@hotmail.com	3-Feb
Languages									
English Conversation for ESL	Penrith School of Arts - Room 2	Wed	12:45 PM	2:00 PM	Lu Szuhya & Sari Erasmus-Hickey	0411 214 455 0407 146 506	Weekly	lu.szuhya@hotmail.com sariehickey2016@gmail.com	2-Feb
French - Advanced @ Blackheath	Blackheath - New Ivanhoe Hotel (upstairs)	Thur	2:00 PM	4:00 PM	Heather Pye	0405 393 281	Weekly	heatherpye@bigpond.com	3-Feb
French - Conversation in simple	Penrith School of Arts - Room 2	Mon	1:45 PM	2:45 PM	Murray Love	4735 5226	Weekly	love@optushome.com.au	25-Apr
French - La Causette 1 @ Penrith	Penrith School of Arts - Room 2	Mon	12:00 PM	1:30 PM	Monique Marchais	0499 994 546	Weekly	moniquemarchais1952@gmail.com	31-Jan
French - La Causette 2 @ Penrith	Penrith School of Arts - Room 1	Thur	9:00 AM	10:30 AM	Monique Marchais	0499 994 546	Weekly	moniquemarchais1952@gmail.com	3-Feb
French @ Jordan Springs	Jordan Springs Hub - Kingfisher Room	Wed	11:30 AM	12:30 PM	Annette Allaburton	0404 004 319	Weekly	aallaburton@gmail.com	2-Feb
French Intermediate @ Blaxland	Blaxland Community Centre - Room B	Tue	10:00 AM	11:30 AM	Fay Love	0407 282 731	Weekly	faylove@rocketmail.com	26-Apr
French Intermediate @ Penrith	Penrith School of Arts - Room 2	Wed	2:15 PM	3:45 PM	Helen Sykes	0430 058 538	Weekly	hsykes@me.com	16-Feb
French Starters @ Jordan Springs	Jordan Springs Hub - Kingfisher Room	Wed	10:30 AM	11:30 AM	Annette Allaburton	0404 004 319	Weekly	aallaburton@gmail.com	2-Feb
German Intermediate @ Springwood	Springwood Court, 133 Macquarie Rd, Springwood	Wed	1:30 PM	3:00 PM	Elizabeth Culliver	0408 317 086	Weekly	feecull@tpg.com.au	2-Feb
Italian - Beginners	Penrith School of Arts - Room 2	Fri	11:15 AM	1:15 PM	Ciro Catanzaro	9623 3758	Weekly	cirocat@gmail.com	29-Apr
Italian Continuing	Penrith School of Arts - Hall	Mon	9:15 AM	10:45 AM	Clara Carboni	4739 8340	Weekly	clara.carboni9@gmail.com	31-Jan

Italian Conversation	Penrith School of Arts - Room 1	Mon	9:30 AM	11:15 AM	Maria Paysden	0438 404 836	Weekly	bpaysden@tpg.com.au	31-Jan
Italian Conversation Advanced	Penrith School of Arts - Room 1	Mon	11:30 AM	1:00 PM	Maria Paysden	0438 404 836	Weekly	bpaysden@tpg.com.au	31-Jan
Spanish Beginners	Penrith School of Arts - Room 2	Fri	9:30 AM	11:00 AM	Louise Allan	0431 375 101	Weekly	louallan53@hotmail.com	29-Apr
Spanish Beginners 1	Penrith School of Arts - Room 2	Wed	9:00 AM	10:00 AM	Adolfo Gonzalez	0408 110 824	Weekly	adolfogonzalezq@gmail.com	2-Feb
Spanish Beginners 2	Penrith School of Arts - Room 2	Wed	10:15 AM	11:15 AM	Adolfo Gonzalez	0408 110 824	Weekly	adolfogonzalezq@gmail.com	2-Feb
Spanish Intermediate	Penrith School of Arts - Room 2	Wed	11:30 AM	12:30 PM	Adolfo Gonzalez	0408 110 824	Weekly	adolfogonzalezq@gmail.com	2-Feb
Literature									
English Literature @ Lawson - Fortnightly	Lawson Bowling Club	Tue	2:00 PM	3:30 PM	Helen Clifford	0419 611 045	Fortnightly	mc903777@bigpond.net.au	8-Feb
Poetry - Understanding the Art - 5 week course not term 3 starts 10 Feb, 5 May, 20 Oct	Katoomba, 96 Narrow Neck Rd	Thur	2:00 PM	3:30 PM	Libby Becket	4782 5263	Weekly	loctiebeckett@hotmail.com	Various
Maths & Science									
Birds: From dinosaur to high complexity (TERM 1 ONLY)	Penrith School of Arts - Room 1	Mon	1:15 PM	3:15 PM	Ken Chan	0405 558 919	Weekly	kin2pituri@yahoo.com.au	7-Feb
Mathematics beyond Intermediate & School Certificate	Blaxland Community Centre - Room A	Fri	10:30 AM	12:00 PM	Sesha Prasad	0437 228 643	Weekly	seshaprasad@yahoo.com	4-Feb
Music									
Harmonica	Zoom mtg fortnightly + meeting on alternate weeks in Room 1	Wed	11:15 AM	1:15 PM	Peter Granton	0412 576 567	Weekly	petergranton57@gmail.com	9-Feb
Harmonica - fortnightly alternating with Zoom class	Penrith School of Arts - Room 1	Wed	11:15 AM	1:15 PM	Peter Granton	0412 576 567	Fortnightly	petergranton57@gmail.com	9-Feb
Jam Session.	Penrith CWA Rooms, Castlereagh St	Fri	1:00 PM	4:00 PM	Gary Layton	0450 326 870	Weekly	gary.layton@optusnet.com.au	4-Feb
Musical Memories @ Penrith	Penrith School of Arts - Room 1	Thur	10:45 AM	12:15 PM	Christine Brennen	0409 391 932	Weekly	hildowen@bigpond.com	3-Feb
Musical Memories @ Springwood - Fortnightly	Springwood Aquinas Court, 2 Hawkesbury Rd	Tue	10:30 AM	12:00 PM	Patsy Billing	0407 992 151	Fortnightly	patricia.billing3@bigpond.com	1-Feb
Ukulele for Fun	Blackheath Area Neighbourhood Centre - Bates Hall	Mon	10:00 AM	12:00 PM	Merran Maclaren	0403 901 207	Weekly	merranmaclaren@hotmail.com	7-Feb
Ukulele Group	Werrington, Harold Corr Hall (Large hall)	Mon	10:00 AM	12:00 PM	Phil Howson	0412 071 186	Weekly	philip.d.howson@gmail.com	31-Jan

Outdoor Recreation									
Bushwalking in the Blue Mountains - Fortnightly	Woodford, 54 Pimelea Dr	Mon	10:30 AM	1:00 PM	John & Donna Cooper	4758 6820	Fortnightly	donnarosier@yahoo.com.au	31-Jan
Culture Vultures - Monthly	Penrith RSL Bingo Area	Fri	1:30 PM	3:00 PM	Eileen Ross	0419 480 108	Monthly	rosseileen40@gmail.com	4-Feb
Out & About with the Possums		Mon			Lorraine Woods & Annette Watson	0421 107 674 0405 494 901	Weekly	lorraine333@ozemail.com.au ; annette2511@yahoo.com.au ;	31-Jan
Out & About with the Snails		Mon			Edgar Hillermann	0401 515 450	Weekly	edgar.hillermann@gmail.com	31-Jan
Walking for Pleasure	Penrith Tench Reserve	Thur	9:30 AM	11:00 AM	Beverley James-Munk	0417 681 125	Weekly	b21j45@bigpond.net.au	3-Feb
Walking with a Touch of History (The Hekarwe Walking Group)		Mon			Trish Ryan & Gwen Baker	0404 050 792 0439 620 032	Weekly	bobandtrishryan@gmail.com ; gmbbaker@bigpond.com.au ;	31-Jan
Philosophy & Psychology									
Common Threads in World Religions and Philosophies DELAYED UNTIL TERM 3	Springwood Court, 133 Macquarie Rd, Springwood	Thur	10:00 AM	12:00 PM	Col Jennings	4751 3789	Fortnightly	coljennings14@gmail.com	28-Jul
Conflict Resolution 10 weeks Term 1	Zoom	Tue	1:00 PM	3:00 PM	Dr Mimi Wellisch	0431 682 137	Weekly	mimi.wellisch@bigpond.com	1-Feb
Happiness, Well-Being & Resilience - Term 1 for 8 weeks	Springwood Court, 133 Macquarie Rd, Springwood	Tue	10:00 AM	11:30 AM	Janice Poulson	0408 603 798	Weekly (8 week course)	janicepoulson70@gmail.com	1-Feb
Meaning of Life for the 21st Century	You Tube	Tue	2:30 PM	4:30 PM	Yehoshua Indagator	0466 978 007	Weekly	yehoshua@netspace.net.au	4-Feb
Men! Live Longer! Live Better!	You Tube	Thur	2:30 PM	4:30 PM	Yehoshua Indagator	0466 978 007	Weekly	yehoshua@netspace.net.au	3-Feb